

Waynesboro Family YMCA April 29- May 5

Monday						
	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:00		
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30				Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8-9			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10			Lap Swim		
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30						
4:00						
4:30	Swim Lessons	Lap Swim				
4:00-6:00		Lap Swim				
5:00						
5:30	Water Aerobics 6-6:45					
6:00						
6:30						
7:00	Lap Swim	Lap Swim				
7:30	Lap Swim	Lap Swim				
8:00	Lap Swim	Lap Swim				
8:30	Closed					
9:00						

Tuesday						
	1	2	3	4	5	6
5:30	Closed					
6:00	SMAC 5:30-7:00					
6:30						
7:00						
7:30						
8:00	DW Water Aerobics 8-9			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10			Lap Swim		
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	2nd Grade Learn to Swim 12:30-2:00					
12:30						
1:00	Closed 2:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30						
4:00						
4:30	Swim Lessons	Lap Swim				
4:00-6:00		Lap Swim				
5:00						
5:30	Water Aerobics 6-6:45					
6:00						
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Closed					
9:00						

Wednesday						
	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:00		
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30				Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8-9			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10			Lap Swim		
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30						
4:00						
4:30	Swim Lessons	Lap Swim				
4:00-6:00		Lap Swim				
5:00						
5:30	Aqua Combat Preview 6:00-6:45					
6:00						
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Closed					
9:00						

Thursday						
	1	2	3	4	5	6
5:30	Closed					
6:00	SMAC 5:30-7:00					
6:30						
7:00						
7:30						
8:00	DW Water Aerobics 8-9			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10			Lap Swim		
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30						
4:00						
4:30	Swim Lessons	Lap Swim				
4:00-6:00		Lap Swim				
5:00						
5:30	Water Aerobics 6-6:45					
6:00						
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Closed					
9:00						

Friday						
	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:00		
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30				Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8-9			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10			Lap Swim		
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Fiv3Racing Triathlete Training 3:00-4:00					
3:30						
4:00	Family Swim 4:00-7:00					
4:30						
5:00						
5:30						
6:00						
6:30						
7:00	Lap Swim	Lap Swim				
7:30	Lap Swim	Lap Swim				
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Closed					
9:00						

Saturday						
	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00	Closed					
7:30						
8:00						
8:30						
9:00	Swim Lessons 9:00-11:45		Lap Swim	Lap Swim	Lap Swim	
9:30		Lap Swim				
10:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
10:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
11:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
11:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:00	Closed					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00	Closed					
4:30						
5:00						

Sunday						
	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						
9:30						
10:00						
10:30						
11:00						
11:30						
12:00	Family Swim 12:00-1:30		Lap Swim	Lap Swim	Lap Swim	
12:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:00	Pool Rental 1:30-3:30					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00	Closed					
4:30						
5:00						

Pool Hours	
Monday	6:00AM- 1:00PM 3:00-8:30PM
Tuesday	8:00AM-12:30PM 3:00-8:30PM
Wednesday	6:00AM- 1:00PM 3:00- 8:30PM
Thursday	8:00AM-1:00PM 3:00-8:30PM
Friday	6:00AM- 1:00PM 4:00- 8:30PM
Saturday	9:00AM- 1:00PM
Sunday	12:00-4:00PM

**TAKE
SHOWER
BEFORE
ENTERING
POOL**