Waynesboro Family YMCA January 6-12

Monday	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim
8:30					Lap Swim	
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Pre-K 11:00-11:45					Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Pool Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim			
4:00	Group Swim Lessons 4:00-6:00PM		SMAC 4:00-8:00PM			
4:30						
5:00						
5:30						
6:00	Water Aerobics 6-6:45					
6:30						
7:00	WHS Swim Team 7:00-8:30					
7:30						
8:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Pool Closes @ 8:30					
9:00						

Tuesday	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim
8:30					Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim
9:30						Lap Swim
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:30	Lap Swim	Lap Swim	Lap Swim			
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim			
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim			
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim			
4:00	Group Swim Lessons 4:00-6:00PM		SMAC 4:00-7:00			
4:30						
5:00						
5:30						
6:00	Water Aerobics 6-6:45					
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	WHS Swim Team 7:00-8:30		
7:30						
8:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Pool Closes @ 8:30					
9:00						

Wednesday	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim
8:30					Lap Swim	
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Pre-K 11:00-11:45				Lap Swim	Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim			
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim			
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim			
4:00	Group Swim Lessons 4:00-6:00PM		SMAC 4:00-8:00PM			
4:30						
5:00	Lap Swim	Lap Swim				
5:30						
6:00	Lap Swim	Lap Swim				
6:30						
7:00	Lap Swim	Lap Swim				
7:30						
8:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30						
9:00						

Thursday	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim
8:30					Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim
9:30						Lap Swim
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:30	Lap Swim	Lap Swim	Lap Swim			
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30						
1:00	Pool Closed 1:00-3:00					
1:30						
2:00						
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim			
4:00	Group Swim Lessons 4:00-6:00PM		SMAC 4:00-7:00			
4:30						
5:00						
5:30						
6:00	Water Aerobics 6-6:45					
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	WHS Swim Team 7:00-8:30		
7:30						
8:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Pool Closes @ 8:30					
9:00						

Friday	1	2	3	4	5	6
5:30	Closed					
6:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30	Lap Swim	Lap Swim	Lap Swim			
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim		
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Pre-K 11:00-11:45					Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim			
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim			
3:00	Family Swim 3:00-7:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30			Lap Swim			
4:00			Lap Swim	SMAC 4:00-6:00PM		
4:30						
5:00			Lap Swim			
5:30						
6:00			Lap Swim	WHS Swim Team 6:00-7:00		
6:30						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	Pool Closed @ 8:00					
8:30						
9:00						

Saturday	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00	SMAC 7:00-9:00					
7:30						
8:00						
8:30						
9:00	Swim Lessons, Group #1, LG REVIEW (deep end) 9:00-1:00			Lap Swim	Swim Lessons, Group #2 9:00-11:30	
9:30						
10:00			Lap Swim			
10:30						
11:00			Lap Swim			
11:30				Lap Swim	Lap Swim	Lap Swim
12:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30						
1:00	Closed					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						

Sunday	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						
9:30						
10:00						
10:30						
11:00						
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Family Swim 1:00-4:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30						
2:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30						
3:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30						
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim	Lap Swim			
5:00	Pool Closes @ 4:45					

Pool Hours	
Monday	6:00AM- 1:00PM | 3:00-8:30PM
Tuesday	6:00AM-8:30PM
Wednesday	6:00AM-8:30PM
Thursday	6:00AM-1:00 PM | 3:00-8:30PM
Friday	6:00AM-8:00PM
Saturday	9:00AM- 1:00PM
Sunday	12:00-4:45PM

TAKE SHOWER **BEFORE** ENTERING POOL