

Waynesboro Family YMCA September 1-7

Monday						
1	2	3	4	5	6	
5:30						
6:00						
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	Friday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	ALTS 7:15-8:00		Lap Swim			
7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim
8:30					Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45				Lap Swim	Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
3:30						
4:00				Lap Swim	Lap Swim	Lap Swim
4:30				Lap Swim	Lap Swim	Lap Swim
5:00				Lap Swim	Lap Swim	Lap Swim
5:30				Lap Swim	Lap Swim	Lap Swim
6:00				Lap Swim	Lap Swim	Lap Swim
6:30						
7:00						
7:30						
8:00						
8:30						
9:00						

Saturday						
	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00						
7:30	SMAC 7:00-9:00					
8:00						
8:30						
9:00						
9:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:00	Family Swim 10:00-1:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Closed					
1:00						
1:30						
2:00						
2:30						
3:00						
3:30	Closed					
4:00						
4:30						
5:00						

Pool Hours	
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE SHOW BEFORE ENTER POOL

Sunday					
1	2	3	4	5	6
Closed					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Family Swim 1:00-4:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
Closed					

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOWER
BEFORE
ENTERING
POOL