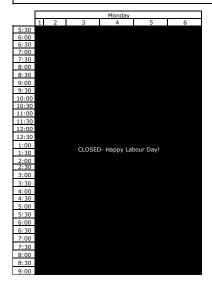
## **Waynesboro Family YMCA September 1-7**

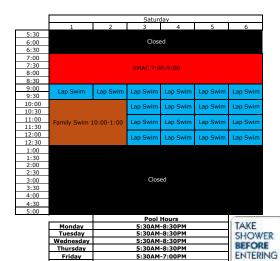


	Tuesday							
1	2	3	4	5	6			
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30					
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
	W Water Ae	robics 8:00-	-9:00	Lap Swim	Lap Swim Lap Swim			
				Lap Swim	Lap Swiiii			
S	SW Water Aerobics 9:05-10:00				Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swilli					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim							
Lap Swim	Lap Swim							
Lap Swim	Lap Swim							
Water Aero	bics 6-6:45		SMAC 4:30-7:30					
Lap Swim	Lap Swim							
Lap Swim	Lap Swim							
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Pool Closes @ 8:30								

Wednesday							
1	2	3	4	5	6		
Lap Swim Lap Swim							
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30				
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
DV	Water Aero	Lap Swim Lap Swim	Lap Swim				
SW	Water Aero	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
	Pre-K 11:	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim					
Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim						
Lap Swim	Lap Swim	SMAC 4:30-8:30					
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Pool Closes @ 8:30							

Thursday 5 6							
1	2	,	4	5	6		
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30				
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim					
Lap Swim   Lap Swim							
D	W Water Aero	hics 8:00-9:	00	Lap Swim	Lap Swim		
				Lap Swim	Lap Swim		
SW	/ Water Aerob	sice 9:05-10:	00	Lap Swim	Lap Swim		
34	Water Acros	nes 5.05 10.	.00		Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swiiii				
Lap Swim	Lap Swim	Lap Swim	Law Contra	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim				
				Lap Swim	Lap Swim		
Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim					
			Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lan Curina	Lan Curina	Lan Curin		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Water Aerobics 6-6:45			SMAC 4:30-7:30				
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Pool Closes @ 8:30							

	Friday						
	1 2 3		4	5	6		
5:30	Lap Swim	Lap Swim	Lap Swim				
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
6:30	Lap Swim	Lap Swim	Lap Swim				
7:00	ALTS 7:15-8:00 Lap Swim						
7:30	ALIS 7.	.13 0.00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00	DW Water Aerobics 8:00-9:00			.00	Lap Swim	Lap Swim	
8:30	DW Water Aerobics 8:00-9:00				Lap Swim	Edp Swiiii	
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim		
9:30	311	Water Aero	DICS 9.05 TO	7.00	Lap Swiiii	Lup Swiiii	
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
10:30	Lap Swim	Lap Swim	Lap Swim				
11:00		Pre-K 11	:00-11:45		Lap Swim	Lap Swim	
11:30			.00 11.15		Lup Smill	Lup Owiiii	
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:30	Lap Swim	Lap Swim	Lap Swim	Eup Omm	Eup Omini	Eup Swiiii	
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:30	Lap Swim	Lap Swim	Lap Swim				
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
2:30	Lap Swim	Lap Swim	Lap Swim				
3:00				Lap Swim	Lap Swim	Lap Swim	
3:30							
4:00	Lap S			Lap Swim	Lap Swim	Lap Swim	
4:30	Family Swim 3:00-7:00						
5:00				Lap Swim	Lap Swim	Lap Swim	
5:30				_			
6:00	L			Lap Swim	Lap Swim	Lap Swim	
6:30							
7:00							
7:30	Pool Closes @ 7:00						
8:00							
9:00							
	·						



9:00AM-1:00PM

12:00-4:45PM

POOL

Saturday

