

Waynesboro Family YMCA September 8-14
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[illegible]

Tuesday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
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DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
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Wednesday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
				Lap Swim		
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim				
Pre-K 11:00-11:45				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
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Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:45			Lap Swim	Lap Swim	Lap Swim	
			SMAC 4:30-8:30			
Lap Swim	Lap Swim					
Lap Swim	Lap Swim					
Lap Swim	Lap Swim					

Pool Closes @ 8:30

Thursday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
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Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Water Aerobics 6-6:45			SMAC 4:30-7:30			
Lap Swim	Lap Swim					
Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	

Pool Closes @ 8:30

	Friday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim	Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30					Lap Swim	Lap Swim
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45				Lap Swim	Lap Swim
11:30					Lap Swim	Lap Swim
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
3:30				Lap Swim	Lap Swim	Lap Swim
4:00				Lap Swim	Lap Swim	Lap Swim
4:30				Lap Swim	Lap Swim	Lap Swim
5:00				Lap Swim	Lap Swim	Lap Swim
5:30				Lap Swim	Lap Swim	Lap Swim
6:30				Lap Swim	Lap Swim	Lap Swim
7:00						
7:30						
8:00						
8:30						
9:00						

Pool Closes @ 7:00

	Saturday					
	1	2	3	4	5	6
5:30						
6:00						
6:30	Closed					
7:00						
7:30						
8:00	SMAC 7:00-9:00					
8:30						
9:00				Lap Swim		
9:30						
10:00						
10:30	Instructor #1 Swim Lesson 9:15-12:00			Lap Swim	Lap Swim	Instructor #2 Swim Lessons 9:15-12:00
11:00				Lap Swim	Lap Swim	
11:30						
12:00	Private Lessons	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Private Lessons
12:30						
1:00						
1:30						
2:00						
2:30						
3:00	Closed					
3:30						
4:00						
4:30						
5:00						

	Pool Hours	
Monday	5:30AM-8:30PM	<div> TAKE SHOW BEFORE ENTERING POOL </div>
Tuesday	5:30AM-8:30PM	
Wednesday	5:30AM-8:30PM	
Thursday	5:30AM-8:30PM	
Friday	5:30AM-7:00PM	
Saturday	9:00AM-1:00PM	
Sunday	12:00-4:45PM	

Sunday					
1	2	3	4	5	6
Closed					
Lap Swim Family Swim 1:00-4:30			Lap Swim	Lap Swim	Lifeguard Training 9:00-6:00
			Lap Swim	Lap Swim	
			Lap Swim	Lap Swim	
			Lap Swim	Lap Swim	
Closed					

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOWER
BEFORE
ENTERING
POOL