

Waynesboro Family YMCA September 8-14
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	Monday						
	1	2	3	4	5	6	
5:30:	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
6:00:							
6:30:	Lap Swim	Lap Swim	Lap Swim				
7:00:	Lap Swim	Lap Swim	Lap Swim				
7:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00:	DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
8:30:					Lap Swim		
9:00:	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
9:30:							
10:00:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
10:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
11:00:	Pre-K 11:00-11:45				Lap Swim	Lap Swim	
11:30:							
12:00:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
1:00:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
2:00:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
2:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
3:00:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
3:30:	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
4:00:				Lap Swim	Lap Swim	Lap Swim	
4:30:	Swim Lessons 4:00-			Lap Swim	Lap Swim	Lap Swim	
5:00:	6:00						
5:30:							
6:00:	Water Aerobics 6-6:45			SMAC 4:30-8:30			
6:30:							
7:00:	Lap Swim	Lap Swim	Lap Swim				
7:30:	Lap Swim	Lap Swim	Lap Swim				
8:00:	Lap Swim	Lap Swim	Lap Swim				
8:30:	Pool Closes @ 8:30						
9:00:							

Tuesday							
1	2	3	4	5	6		
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30				
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
DW Water Aerobics 8:00-9:00					Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00					Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
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Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Water Aerobics 6-6:45			SMAC 4:30-7:30				
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Pool Closes @ 8:30							

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Thursday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
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Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
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Lap Swim	Lap Swim	Lap Swim				

	Friday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim	Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45				Lap Swim	Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim			
3:00	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
3:30				Lap Swim	Lap Swim	Lap Swim
4:00				Lap Swim	Lap Swim	Lap Swim
4:30				Lap Swim	Lap Swim	Lap Swim
5:00				Lap Swim	Lap Swim	Lap Swim
5:30				Lap Swim	Lap Swim	Lap Swim
6:00				Lap Swim	Lap Swim	Lap Swim
6:30				Lap Swim	Lap Swim	Lap Swim
7:00						
7:30						
8:00	Pool Closes @ 7:00					
8:30						
9:00						

Saturday						
	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00	SMAC 7:00-9:00					
7:30						
8:00						
8:30						
9:00	Instructor #1 Swim Lesson 9:15-11:45			Lap Swim	Instructor #2 Swim Lessons 9:15-12:00	
9:30						
10:00						
10:30						
11:00				Lap Swim	Lap Swim	
11:30				Lap Swim	Lap Swim	
12:00			Lap Swim	Lap Swim	Lap Swim	Private Lessons
12:30						
1:00	Closed					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOWER
BEFORE
ENTERING
POOL

Sunday					
1	2	3	4	5	6
Closed					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Family Swim 1:00-4:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
Closed					