

Waynesboro Family YMCA September 15-21	
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	Monday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim		
9:00	SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Pre-K 11:00-11:45				Lap Swim	Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Swim Lessons 4:00-6:00					
5:00						
5:30						
6:00						
6:30						
7:00	Lap Swim	Lap Swim				
7:30	Lap Swim	Lap Swim				
8:00	Lap Swim	Lap Swim				
8:30						
9:00						

Tuesday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Water Aerobics 6-6:45		SMAC 4:30-7:30				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Pool Closes @ 8:30						

Wednesday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
DW Water Aerobics 8:00-9:00				Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Pre-K 11:00-11:45				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:00			Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	SMAC 4:30-8:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Pool Closes @ 8:30						

Thursday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00				Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Swim Lessons 4:00-6:00			Lap Swim	Lap Swim	Lap Swim	
Water Aerobics 6-6:45			SMAC 4:30-7:30			
	Lap Swim	Lap Swim				
	Lap Swim	Lap Swim				
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Pool Closes @ 8:30						

	Friday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim			
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim
9:00				Lap Swim	Lap Swim	Lap Swim
9:30				Lap Swim	Lap Swim	Lap Swim
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	Lap Swim
11:30	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
12:00				Lap Swim	Lap Swim	Lap Swim
12:30				Lap Swim	Lap Swim	Lap Swim
1:00				Lap Swim	Lap Swim	Lap Swim
1:30				Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
3:30				Lap Swim	Lap Swim	Lap Swim
4:00				Lap Swim	Lap Swim	Lap Swim
4:30				Lap Swim	Lap Swim	Lap Swim
5:00				Lap Swim	Lap Swim	Lap Swim
5:30				Lap Swim	Lap Swim	Lap Swim
6:00				Lap Swim	Lap Swim	Lap Swim
6:30				Lap Swim	Lap Swim	Lap Swim
7:00						
7:30						
8:00	Pool Closes @ 7:00					
8:30						
9:00						

Saturday						
	1	2	3	4	5	6
5:30						
6:00	Closed					
6:30						
7:00	SMAC 7:00-9:00					
7:30						
8:00						
8:30						
9:00	Instructor #1 Swim Lesson 9:15-12:00			Lap Swim	Instructor #2 Swim Lessons 9:15-12:00	
9:30				Lap Swim		
10:00				Lap Swim		
10:30				Lap Swim		
11:00	Private Lessons			Lap Swim	Lap Swim	Private Lessons
11:30				Lap Swim	Lap Swim	
12:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:00						
1:30						
2:00						
2:30						
3:00	Closed					
3:30						
4:00						
4:30						
5:00						

Pool Hours	
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOW
BEFORE
ENTERING
POOL

Sunday					
1	2	3	4	5	6
Closed					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Family Swim 1:00-4:30		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
		Lap Swim	Lap Swim	Lap Swim	Lap Swim
Closed					

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOWER
BEFORE
ENTERING
POOL