

Waynesboro Family YMCA October 13-19	
---	--

	Monday					
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim			
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim		
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim			
11:00	Pre-K 11:00-11:45					Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim			
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim			
2:00	School Break Camp 2:00-3:00					
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim			
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim				
5:00	Lap Swim	Lap Swim	SMAC 4:30-7:30			
5:30	Lap Swim	Lap Swim				
6:00	Water Aerobics 6-6:45					
6:30						
7:00	Lap Swim	Lap Swim				
7:30	Lap Swim	Lap Swim				
8:00	Lap Swim	Lap Swim	Pool Closes @ 8:30			
8:30						
9:00						

Tuesday						
1	2	3	4	5	6	
Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30			
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
Lap Swim	Lap Swim	Lap Swim				
DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Water Aerobics 6-6:45			SMAC 4:30-7:30			
Lap Swim	Lap Swim					
Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	

Pool Closes @ 8:30

[illegible][illegible]

Friday						
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00				Lap Swim	Lap Swim	Lap Swim
3:30				Lap Swim	Lap Swim	Lap Swim
4:00				Lap Swim	Lap Swim	Lap Swim
4:30	Family Swim 4:00-7:00			Lap Swim	Lap Swim	Lap Swim
5:00				Lap Swim	Lap Swim	Lap Swim
5:30				Lap Swim	Lap Swim	Lap Swim
6:00				Lap Swim	Lap Swim	Lap Swim
6:30				Lap Swim	Lap Swim	Lap Swim
7:00						
7:30						
8:00	Pool Closes @ 7:00					
8:30						
9:00						

	Saturday					
	1	2	3	4	5	6
5:30	Closed					
6:00						
6:30						
7:00	SMAC 7:00-9:00					
7:30						
8:00						
8:30	Instructor #1 Swim Lesson 9:15-12:00					
9:00						
9:30						
10:00						
10:30						
11:00	Lap Swim		Instructor #2 Swim Lessons 9:15-12:00			
11:30						
12:00	Private Lessons		Lap Swim	Lap Swim	Lap Swim	Private Lessons
12:30	Lap Swim		Lap Swim	Lap Swim	Lap Swim	
1:00	Closed					
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE
SHOWER
BEFORE
ENTERING
POOL