Waynesboro Family YMCA November 3-9



1	Tuesday							
Lap Swim Lap Swim Lap Swim SMAC 5:30-7:30 Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim	1 2 3 4 5							
Lap Swim	Lap Swim	Lap Swim	Lap Swim					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	SM	AC 5-30-7-3			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30				
Lap Swim Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim Lap Swim Lap Swim				
Lap Swim Lap Swim	Di	M/Water Ae	obice 8:00.	0.00	Lap Swim	Lap Swim		
Lap Swim	,	W Water Act	ODIC3 0.00-	3.00	Lap Swim	Lap Swim		
Lap Swim	SW	/Water Aero	bics 9:05-1	.0:00	Lap Swim	Lap Swim		
Lap Swim Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lan Swim	Lap Swim	Lan Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swilli		Lap Swilli		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lan Swim	Lon Cuim	Lan Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Eup Owiiii	Eup Owiiii	Lap Swill		
Lap Swim Lap Swim			Lap Swim	Lan Swim	Lan Swim	Lan Surim		
Family Swim 12:00-4:00			Lap Swim	Lap Swiiii	Lap Swiiii	Lapowiii		
Lap Swim Lap Swim			Lap Swim	Lan Swim	Lap Swim	Lap Swim		
Lap Swim	Family Swim	12:00-4:00	Lap Swim	Eap Swiiii				
Tap Swim	rainity 3wiiii 12.00-4.00			Lap Swim	Lap Swim	Lap Swim		
Lap Swim				Lan Swim	Lan Swim			
Swim Lessons 4:00-6:00								
SNAC 4:30-7:30			Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim Lap Swim			SMAC 4:30-7:30					
Lap Swim								
Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim		_	Lan Swim					
			Lap Swim Lap Swim Lab Swi					
Pool Closes @ 8:30								

Wednesday

Thursday

Saturday Sunday

	Wednesday						
1 2 3 4 5 6							
ap Swim Lap Swim Lap Swim							
Lap Swim	Lap Swim Lap Swim Lap Swim						
Lap Swim	MAC 5:30-7:30						
Lap Swim							
Lap Swim	ap Swim Lap Swim La ap Swim Lap Swim La			Lap Swim	Lap Swim		
DIA	Lan Swim						
DV	/ Water Aerobics	8:00-9:00		Lap Swim	Lap Swim		
SW	Water Aerobics	9:05-10:00		Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swilli				
	Pre-K 11:00-1	1:45		Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swill				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swiiii				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Owiiii				
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Lap Swim	Lap Swim	Lap Swim					
		Lap Swim	Lap Swim	Lap Swim	Lap Swim		
Swim Lesson	ns 4:00-6:00						
Private Lesson	Lap Swim	SMAC 4:30-8:00					
Lap Swim	Lap Swim						
Lap Swim	Lap Swim						
1 0 :	Lap Swim						
Lap Swim							

SHOWER

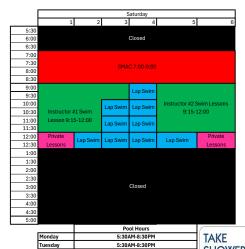
BEFORE

POOL

ENTERING

Thursday								
1	2	3	4 5					
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	SMAC 5130-7130					
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
-	W Water Aerob	sice 8:00-0:0	10	Lap Swim	Lap Swim			
	W Water Acros	nc3 0.00-3.0	,,,	Lap Swim	Lap Swim			
SI	V Water Aerobi	cs 9:05-10:	0.05-10:00		Lap Swim			
5	v water Acrobi	C3 3.03-10.	50	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swiiii	Lap Swiiii	Lap Swiiii			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lupomini		Lup Ommi			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lupomini		Cup Swiiii			
Lap Swim	Lap Swim	Lap Swim	Lap Swim		Lap Swim			
Lap Swim	Lap Swim	Lap Swim	Lap Swiiii					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim	-					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Lap Swim	Lap Swim	Lap Swim						
		Lap Swim	Lap Swim	Lap Swim	Lap Swim			
Swim Less	ons 4:00-6:00							
		SMAC 4:30-7:30						
Water Aerobics 6-6:45								
Lap Swim	Lap Swim	_						
Lap Swim	Lap Swim	•						
Lap Swim	Lap Swim	Lap Swim Lap Swim Lap Swim						
rapowiii Trapowiii Trapowiii Trapowiiii Trapowiiii Trapowiiii								
Pool Closes @ 8:30								

	Friday					
	1	2	3	4	5	6
5:30		Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DV	V Water Aero	bics 8:00-9	9:00	Lap Swim	Lap Swim
8:30	-				Lap Swim	and armin
9:00	SW	Water Aero	bics 9:05-10	0:00	Lap Swim	Lap Swim
9:30						
10:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
	Lap Swim	Lap Swim	Lap Swim			1
11:00	Pre-K 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
	Lap Swim	Lap Swim	Lap Swim			
1:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
	Lap Swim	Lap Swim	Lap Swim			
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim			
3:00	Lap Swir				Lap Swim	Lap Swim
3:30 4:00						
4:00	Family Swim 3:00-7:00			Lap Swim	Lap Swim	Lap Swim
5:00						
5:30				Lap Swim	Lap Swim	Lap Swim
6:00						
6:30				Lap Swim	Lap Swim	Lap Swim
7:00	Pool Closes @ 7:00					
7:30						
8:00						
8:30						
9:00						
0.00						



5:30AM-8:30PM

5:30AM-8:30PM

5:30AM-7:00PM

9:00AM-1:00PM 12:00-4:45PM

