

# Waynesboro Family YMCA December January 5-11

Monday									
1	2	3	4	5	6				
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30					
6:00	Lap Swim	Lap Swim	Lap Swim						
6:30	Lap Swim	Lap Swim	Lap Swim						
7:00	Lap Swim	Lap Swim	Lap Swim						
7:30	Lap Swim	Lap Swim	Lap Swim						
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim				
8:30				Lap Swim	Lap Swim				
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim				
9:30				Lap Swim	Lap Swim				
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
11:00	Pre K 11:00-11:45			Lap Swim					
11:30									
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
2:00	Winter Break Camp 2:00-3:00								
2:30									
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
4:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
5:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
5:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
6:00	Water Aerobics 6-6:45			SMAC 4:30-8:00					
6:30									
7:00	WHS Swim Team 7:00-8:30								
7:30									
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
8:30									
9:00	Pool Closes @ 8:30								

				Friday		
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	
8:30	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	
9:00						
9:30						
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
11:00	PreK 11:00-11:45			Lap Swim	Lap Swim	
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
3:00						
3:30						
4:00	Family Swim 3:00-6:00					
4:30						
5:00						
5:30						
6:00	Lap Swim	Lap Swim		WHS Swim Team 5:30-7:00		
6:30						
7:00						
8:00				Pool Closes @ 7:00		
8:30						
9:00						

Saturday					
1	2	3	4	5	6
5:30	Closed				
6:00					
6:30					
7:00					
7:30	SMAC 7:00-9:00				
8:00					
8:30					
9:00					
9:30					
10:00	Instructor #1 Swim Lesson 9:15-12:00	Lap Swim		Lap Swim	
10:30		Lap Swim		Lap Swim	
11:00		Lap Swim		Lap Swim	
11:30					
12:00	Private Lesson	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30					Private Lesson
1:00					
1:30					
2:00					
2:30					
3:00	Closed				
3:30					
4:00					
4:30					
5:00					

Sunday					
1	2	3	4	5	6
Closed					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Family Swim 1:00-4:30	Lap Swim				
	Lap Swim				
	Lap Swim				
	Lap Swim				

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	CLOSED
Friday	5:30AM-7:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-4:45PM

TAKE  
SHOWER  
**BEFORE**  
ENTERING  
POOL