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| <b>Waynesboro Family YMCA December 22-28</b> |  |
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|              | Monday                       |          |          |                |          |          |  |
|--------------|------------------------------|----------|----------|----------------|----------|----------|--|
|              | 1                            | 2        | 3        | 4              | 5        | 6        |  |
| 5:30         | Lap Swim                     | Lap Swim | Lap Swim | SMAC 5:30-7:30 |          |          |  |
| 6:00         | Lap Swim                     | Lap Swim | Lap Swim |                |          |          |  |
| 6:30         | Lap Swim                     | Lap Swim | Lap Swim |                |          |          |  |
| 7:00         | Lap Swim                     | Lap Swim | Lap Swim |                |          |          |  |
| 7:30         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 8:00         | DW Water Aerobics 8:00-9:00  |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 8:30         |                              |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 9:00         | SW Water Aerobics 9:05-10:00 |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 9:30         |                              |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 10:00        | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 10:30        | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 11:00        | Pre-K 11:00-11:45            |          |          |                |          | Lap Swim |  |
| 11:30        |                              |          |          |                |          |          |  |
| 12:00        | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 12:30        | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 1:00         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 1:30         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 2:00<br>2:30 | Winter Break Camp 2:00-3:00  |          |          |                |          |          |  |
| 3:00         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 3:30         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 4:00         | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim       | Lap Swim | Lap Swim |  |
| 4:30         | Lap Swim                     | Lap Swim | Lap Swim | SMAC 4:30-8:00 |          |          |  |
| 5:00         | Lap Swim                     | Lap Swim | Lap Swim |                |          |          |  |
| 5:30         | Lap Swim                     | Lap Swim | Lap Swim |                |          |          |  |
| 6:00         | Water Aerobics 6-6:45        |          |          |                |          |          |  |
| 6:30         |                              |          |          |                |          |          |  |
| 7:00         | WHS Swim Team 7:00-8:30      |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 7:30         |                              |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 8:00         |                              |          |          | Lap Swim       | Lap Swim | Lap Swim |  |
| 8:30         | Pool Closes @ 8:30           |          |          |                |          |          |  |
| 9:00         |                              |          |          |                |          |          |  |

| Tuesday                      |          |                         |                |          |          |
|------------------------------|----------|-------------------------|----------------|----------|----------|
| 1                            | 2        | 3                       | 4              | 5        |          |
| Lap Swim                     | Lap Swim | Lap Swim                | SMAC 5:30-7:30 |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                |                |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                |                |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                |                |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                |                |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
| DW Water Aerobics 8:00-9:00  |          |                         | Lap Swim       | Lap Swim | Lap Swim |
|                              |          |                         | Lap Swim       | Lap Swim | Lap Swim |
| SW Water Aerobics 9:05-10:00 |          |                         | Lap Swim       | Lap Swim | Lap Swim |
|                              |          |                         | Lap Swim       | Lap Swim | Lap Swim |
| Family Swim 10:00-4:00       |          | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
|                              |          | Lap Swim                |                |          |          |
|                              |          | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
|                              |          | Lap Swim                |                |          |          |
|                              |          | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
|                              |          | Lap Swim                |                |          |          |
|                              |          | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
|                              |          | Lap Swim                |                |          |          |
|                              |          | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
|                              |          | Lap Swim                |                |          |          |
| Lap Swim                     | Lap Swim | Lap Swim                | Lap Swim       | Lap Swim | Lap Swim |
| Lap Swim                     | Lap Swim |                         |                |          |          |
| Lap Swim                     | Lap Swim |                         |                |          |          |
| Lap Swim                     | Lap Swim |                         |                |          |          |
| Water Aerobics 6-6:45        |          |                         | SMAC 4:30-7:30 |          |          |
| WHS Swim Team                |          |                         |                |          |          |
| Lap Swim                     | Lap Swim | WHS Swim Team 7:00-8:30 |                |          |          |
| Pool Closes @ 8:30           |          |                         |                |          |          |

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|       | Friday                       |          |          |          |          |          |
|-------|------------------------------|----------|----------|----------|----------|----------|
|       | 1                            | 2        | 3        | 4        | 5        | 6        |
| 5:30  | Closed                       |          |          |          |          |          |
| 6:00  |                              |          |          |          |          |          |
| 6:30  |                              |          |          |          |          |          |
| 7:00  |                              |          |          |          |          |          |
| 7:30  | Lap Swim                     | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 8:00  | DW Water Aerobics 8:00-9:00  |          |          |          | Lap Swim | Lap Swim |
| 8:30  |                              |          |          |          | Lap Swim | Lap Swim |
| 9:00  | SW Water Aerobics 9:05-10:00 |          |          |          | Lap Swim | Lap Swim |
| 9:30  |                              |          |          |          | Lap Swim | Lap Swim |
| 10:00 | SMAC 10:00-12:00             |          |          |          | Lap Swim | Lap Swim |
| 10:30 |                              |          |          |          | Lap Swim | Lap Swim |
| 11:00 |                              |          |          |          | Lap Swim | Lap Swim |
| 11:30 |                              |          |          |          | Lap Swim | Lap Swim |
| 12:00 | Family Swim 12:00-5:00       | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 12:30 |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 1:00  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 1:30  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 2:00  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 2:30  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 3:00  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 3:30  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 4:00  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 4:30  |                              | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 5:00  | Pool Closed                  |          |          |          |          |          |
| 5:30  |                              |          |          |          |          |          |
| 6:00  |                              |          |          |          |          |          |
| 6:30  |                              |          |          |          |          |          |
| 7:00  |                              |          |          |          |          |          |
| 7:30  |                              |          |          |          |          |          |
| 8:00  |                              |          |          |          |          |          |
| 8:30  |                              |          |          |          |          |          |
| 9:00  |                              |          |          |          |          |          |

| Saturday |                        |          |          |          |          |          |
|----------|------------------------|----------|----------|----------|----------|----------|
|          | 1                      | 2        | 3        | 4        | 5        |          |
| 5:30     | Closed                 |          |          |          |          |          |
| 6:00     |                        |          |          |          |          |          |
| 6:30     |                        |          |          |          |          |          |
| 7:00     | SMAC 7:00-9:00         |          |          |          |          |          |
| 7:30     |                        |          |          |          |          |          |
| 8:00     |                        |          |          |          |          |          |
| 8:30     |                        |          |          |          |          |          |
| 9:00     |                        |          |          |          |          |          |
| 9:30     | Lap Swim               | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 10:00    | Family Swim 10:00-1:00 |          | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 10:30    |                        |          |          |          |          |          |
| 11:00    |                        |          |          |          |          |          |
| 11:30    |                        |          |          |          |          |          |
| 12:00    |                        |          | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 12:30    |                        |          | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 1:00     | Closed                 |          |          |          |          |          |
| 1:30     |                        |          |          |          |          |          |
| 2:00     |                        |          |          |          |          |          |
| 2:30     |                        |          |          |          |          |          |
| 3:00     |                        |          |          |          |          |          |
| 3:30     |                        |          |          |          |          |          |
| 4:00     |                        |          |          |          |          |          |
| 4:30     | Closed                 |          |          |          |          |          |
| 5:00     |                        |          |          |          |          |          |

|           | Pool Hours    |
|-----------|---------------|
| Monday    | 5:30AM-8:30PM |
| Tuesday   | 5:30AM-8:30PM |
| Wednesday | CLOSED        |
| Thursday  | CLOSED        |
| Friday    | 7:00AM-5:00PM |
| Saturday  | 9:00AM-1:00PM |
| Sunday    | 12:00-4:45PM  |

TAKE  
SHOWER  
**BEFORE**  
ENTERING  
POOL

| Sunday                |          |          |          |                        |
|-----------------------|----------|----------|----------|------------------------|
| 1                     | 2        | 3        | 4        | 5                      |
| Closed                |          |          |          |                        |
| Lap Swim              | Lap Swim | Lap Swim | Lap Swim | LG Training 12:00-4:30 |
| Family Swim 1:00-4:30 |          | Lap Swim | Lap Swim |                        |
|                       |          | Lap Swim | Lap Swim |                        |
|                       |          | Lap Swim | Lap Swim |                        |
| Closed                |          |          |          |                        |