

Waynesboro Family YMCA January 12-18

Monday						
	1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim	SMAC 5:30-7:30		
6:00	Lap Swim	Lap Swim	Lap Swim			
6:30	Lap Swim	Lap Swim	Lap Swim			
7:00	Lap Swim	Lap Swim	Lap Swim			
7:30	Lap Swim	Lap Swim	Lap Swim			
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	
8:30				Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	
9:30				Lap Swim	Lap Swim	
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45					Lap Swim
11:30						
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	School Break Camp 2:00-3:00					
2:30						
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00				Lap Swim	Lap Swim	Lap Swim
4:30	Swim Lessons 4:00-6:00			SMAC 4:30-8:00		
5:00						
5:30						
6:00	Water Aerobics 6:6-45					
6:30						
7:00	WHS Swim Team 7:00-8:30					
8:00				Lap Swim	Lap Swim	Lap Swim
8:30				Lap Swim	Lap Swim	Lap Swim
9:00				Pool Closes @ 8:30		

Wednesday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim	
SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Swim Lessons 4:00-6:00			Lap Swim		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
WHS Swim Team 7:00-8:30			Lap Swim		
SMAC 4:30-8:00			Lap Swim		
Pool Closes @ 8:30			Lap Swim		

Friday					
1	2	3	4	5	6
5:30	Lap Swim	Lap Swim	Lap Swim		
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00			Lap Swim	Lap Swim
8:30				Lap Swim	Lap Swim
9:00	SW Water Aerobics 9:05-10:00			Lap Swim	Lap Swim
9:30				Lap Swim	Lap Swim
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	PreK 11:00-11:45			Lap Swim	Lap Swim
11:30				Lap Swim	Lap Swim
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	WHS vs WMHS Swim Meet				
4:30					
5:00					
5:30					
6:00					
6:30					
7:00					
7:30					
8:00	Pool Closes at 4:00				
8:30					
9:00					

Saturday					
1	2	3	4	5	6
5:30					
6:00					
6:30					
7:00			Closed		
7:30					
8:00					
8:30					
9:00	Instructor #1 Swim Lesson 9:15-12:00		Lap Swim	Instructor #2 Swim Lessons 9:15-12:00	
9:30			Lap Swim		
10:00			Lap Swim		
10:30			Lap Swim		
11:00			Lap Swim		
11:30			Lap Swim		
12:00	Private Lesson	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30					Private Lesson
1:00					
1:30					
2:00					
2:30					
3:00				Closed	
3:30					
4:00					
4:30					
5:00					

	Pool Hours
Monday	5:30AM-8:30PM
Tuesday	5:30AM-8:30PM
Wednesday	5:30AM-8:30PM
Thursday	5:30AM-8:30PM
Friday	5:30AM-4:00PM
Saturday	9:00AM-1:00PM
Sunday	12:00-3:00PM

TAKE
SHOWER
BEFORE
ENTERING
POOL