

Waynesboro Family YMCA January 19-25

Monday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00		Lap Swim	Lap Swim	Lap Swim
8:30			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00		Lap Swim	Lap Swim	
9:30					
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45		Lap Swim		
11:30					
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	School Break Camp 2:00-3:00				
2:30					
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim			
5:00	Lap Swim	Lap Swim			
5:30	Lap Swim	Lap Swim			
6:00	Water Aerobics 6:00-6:45				
6:30					
7:00	WHS Swim Team 7:00-8:30				
7:30					
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30	Pool Closes @ 8:30				
9:00					

Tuesday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00		Lap Swim	Lap Swim	Lap Swim
8:30			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00		Lap Swim	Lap Swim	
9:30					
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45		Lap Swim	Lap Swim	
11:30					
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	School Break Camp 2:00-3:00				
2:30					
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim			
5:00	Lap Swim	Lap Swim			
5:30	Lap Swim	Lap Swim			
6:00	SMAC 5:30-7:30				
6:30					
7:00					
7:30					
8:00					
8:30					
9:00					

Wednesday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00		Lap Swim	Lap Swim	Lap Swim
8:30			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00		Lap Swim	Lap Swim	
9:30					
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45		Lap Swim	Lap Swim	
11:30					
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	School Break Camp 2:00-3:00				
2:30					
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim			
5:00	Lap Swim	Lap Swim			
5:30	Lap Swim	Lap Swim			
6:00	SMAC 4:30-8:00				
6:30					
7:00					
7:30					
8:00					
8:30					
9:00					

Thursday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00		Lap Swim	Lap Swim	Lap Swim
8:30			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00		Lap Swim	Lap Swim	
9:30					
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	WHS Swim Team 7:00-8:30		Lap Swim	Lap Swim	
11:30					
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	School Break Camp 2:00-3:00				
2:30					
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim			
5:00	Lap Swim	Lap Swim			
5:30	Lap Swim	Lap Swim			
6:00	SMAC 4:30-7:30				
6:30					
7:00					
7:30					
8:00					
8:30					
9:00					

Friday					
1	2	3	4	5	6
Lap Swim	Lap Swim	Lap Swim			
6:00	Lap Swim	Lap Swim	Lap Swim		
6:30	Lap Swim	Lap Swim	Lap Swim		
7:00	Lap Swim	Lap Swim	Lap Swim		
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00	DW Water Aerobics 8:00-9:00		Lap Swim	Lap Swim	Lap Swim
8:30			Lap Swim	Lap Swim	
9:00	SW Water Aerobics 9:05-10:00		Lap Swim	Lap Swim	
9:30					
10:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00	Pre-K 11:00-11:45		Lap Swim	Lap Swim	
11:30					
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
2:00	Family Swim 3:00-6:00				
2:30					
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
3:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
5:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
5:30	Lap Swim	Lap Swim			
6:00	WHS Swim Team 5:30-7:00				
6:30					
7:00	Private Event 7:00-8:30				
7:30					
8:00					
8:30	Pool Closed				
9:00					

Saturday					
1	2	3	4	5	6
5:30					
6:00					
6:30					
7:00					
7:30					
8:00					
8:30					
9:00					
9:30					
10:00	Instructor #1 Swim Lesson 9:15-12:00		Lap Swim		
10:30			Lap Swim		
11:00			Lap Swim		
11:30					
12:00	Private Lesson		Lap Swim	Lap Swim	Lap Swim
12:30			Lap Swim	Lap Swim	Lap Swim
1:00					
1:30					
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
	Pool Hours				
Monday	5:30AM-8:30PM				
Tuesday	5:30AM-8:30PM				
Wednesday	5:30AM-8:30PM				
Thursday	5:30AM-8:30PM				
Friday	5:30AM-7:00PM				
Saturday	9:00AM-1:00PM				
Sunday	12:00-4:45PM				

**TAKE
SHOWER
BEFORE
ENTERING
POOL**